

Consumer Guide Rates LifeSpan C2 Upright Bike “Best Buy”, Recommends LifeSpan TR2000 Treadmill and Stretch Partner



"Best Buy" is the rating Consumer Guide awarded the LifeSpan [C2 Upright Exercise Bike](#). "High quality construction, plush seat and adjustable handlebars make for a comfortable ride," says the expert reviewer. "The LifeSpan C2 is a well-made exercise cycle that pedals smoothly whether you're working out at the lowest of the 15 resistance levels or the highest."

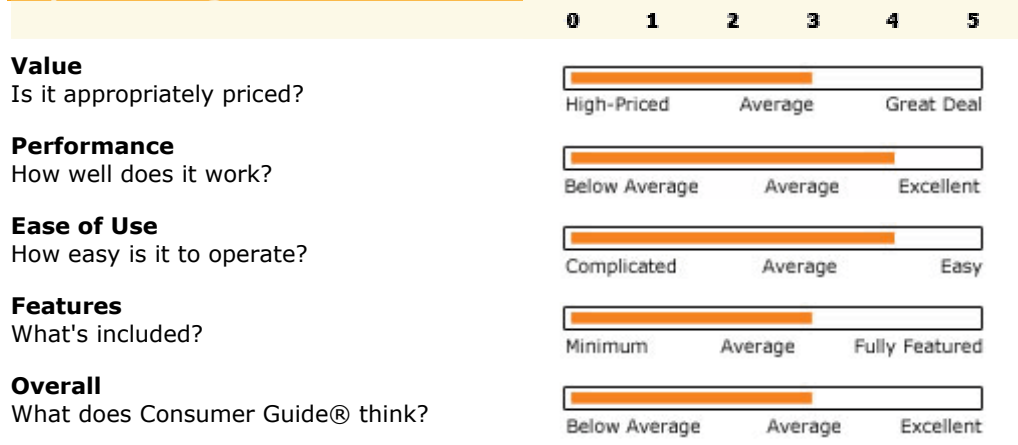


 **Expert Review: *LifeSpan C2 Upright Bike***



"The first thing you notice about the LifeSpan C2 home exercise cycle is the seat. Larger than on many competing upright models, the seat remains as comfortable at the end of a workout as it is at the start. But then the LifeSpan C2 is a well made exercise cycle that pedals smoothly whether you're working out at the lowest of the 15 resistance levels or the highest. The LCD console provides all the basic readout information, including heart rate monitoring, and doubles as a convenient magazine rack. The wheels make it convenient to transport and store this exercise bike and while it's not the lightest unit, it is sturdy enough to accommodate users up to 350 pounds in weight. If it's durability and ease of use you're looking for, the LifeSpan C2 makes a good choice of home exercise cycle."

Expert Rating Scale



LifeSpan TR2000 Folding Treadmill 'Recommended'

The LifeSpan TR2000 is "Recommended" by Consumer Guide. According to Consumer Guide, "the space efficient design of the TR2000-HR makes it ideal for anyone living in an apartment or condo." The review summarized the TR2000 by saying "This is a well-constructed, good value home treadmill."



The LifeSpan Stretch Partner continues to have steady sales due to its uniqueness and increased awareness for the need for stretching. Read what Consumer Guide says about the Stretch Partner.

Expert Review: *LifeSpan Stretch Partner*



Expert Rating: 4



By using your own body weight, the LifeSpan Stretch Partner allows you to stretch deeper and enjoy a total body stretching program that targets all the major muscle groups.

While the benefits of stretching are well documented, outside of yoga and pilates classes it continues to be one of the most overlooked aspects of personal fitness. Not only does a regular stretching regime increase performance, especially in sports such as golf and tennis, it also relieves muscle aches, improves posture, and reduces the risk of injuries. The beauty of the LifeSpan Stretch Partner is that it accommodates a range of body types up to 300 lbs. in weight without the need to make endless adjustments. Simply review the accompanying video, then jump on the LifeSpan Stretch Partner and it will automatically put you in the correct position for stretching.

Pros: Solid steel frame, includes easy to follow stretching video, offers full body stretching program

Cons: Expensive

Warranty: 90 days, upholstery and bumpers; 5 years, frame and parts

